

# A Year & A Day: Personal Pagan Paths



Presented by

## Ancient Sea Island Continuum

[AncientSIC.org](http://AncientSIC.org)



# After the Videos



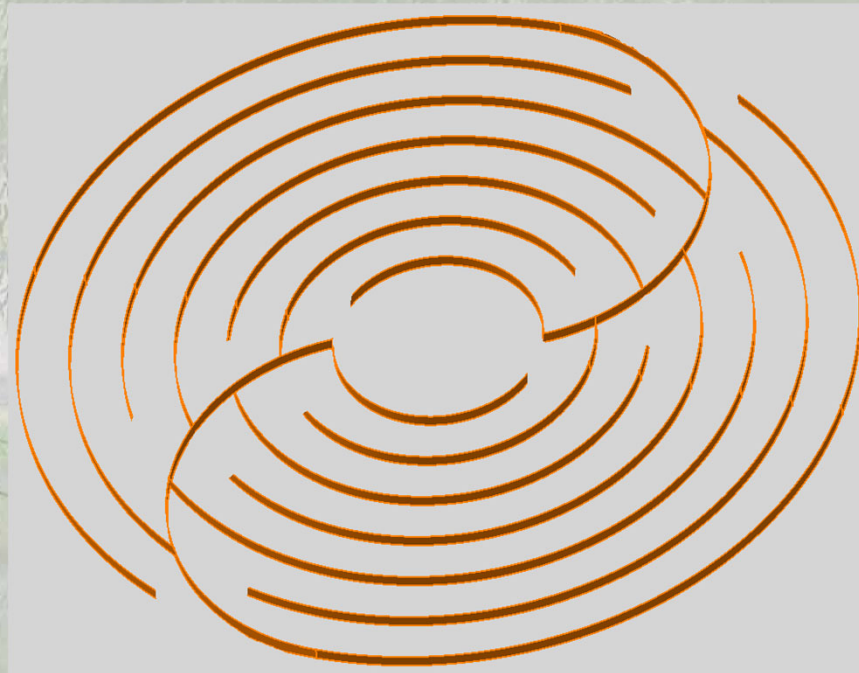
- ◇ Welcoming
- ◇ Opening Recital
- ◇ Celtic Tree Month
- ◇ Bruniquel
- ◇ Ethics & Morality
- ◇ Natural Elements
- ◇ Your Next Step
- ◇ Things to Come
- ◇ Closing



# Video Preludes

Rusalka (2016) Cast a Spell

<https://youtu.be/XMOt46c1zgA>



Bunny Lo (2020) Hymn to Bridget

[https://youtu.be/hJnhGpZCe\\_I](https://youtu.be/hJnhGpZCe_I)



# Common Sense

The views held by ASIC's Pagan guides may not necessarily reflect the opinions & views of the greater Pagan community or the minister, board, or congregation of the Unitarian Universalist Fellowship of Beaufort. While covering the essential aspects traditionally considered to be the foundation of a Pagan spiritual education, statements of ASIC guides should not be considered the Truth but only suggestions for you to consider. Statements by the guides are also not to be construed as a contract or agreement for promises of wealth, power, or spiritual salvation. The views expressed by the guides are presented only as possibilities, reflecting our experiences to help encourage you to find your own Personal Pagan Path.

*-- Your ASIC Guides*



# Ancient Sea Island Continuum



is the Earth-centered spiritual affinity circle of the Unitarian Universalist Fellowship of Beaufort.

**Unitarian Universalism** is a liberal religion with positive values for living that encourages members to search for truth on many levels. **UU**s identify & draw insights from Buddhist, Christian, Hindu, Indigenous, Islamic, Jewish, Neo-Pagan, secular & other religious & philosophical traditions.

*"Coming Home"*

<http://www.youtube.com/watch?v=vbJ32h-YpQA>

# Opening Recital

Imbolc Blessing\*.....♥



As Spring's first shoots  
Push through the ground,  
May our work begin  
To bloom & grow.  
May Goddess Brigid  
Inspire us on our path  
Of continuing growth  
Towards increasing light.



# Tree Month - Ash

February 18 – March 17

Ash is the cosmic World Tree Yggdrasil in Nordic mythology, from whose branches Odin hung upside down to gain wisdom. Druids made their wands & spears from Ash. Gwydion brought to mankind the dog, the deer, the lapwing and – last but not least – the pig. The adder is a symbol of wisdom, shedding its skin, to reincarnate & transform.





# Bruniquel

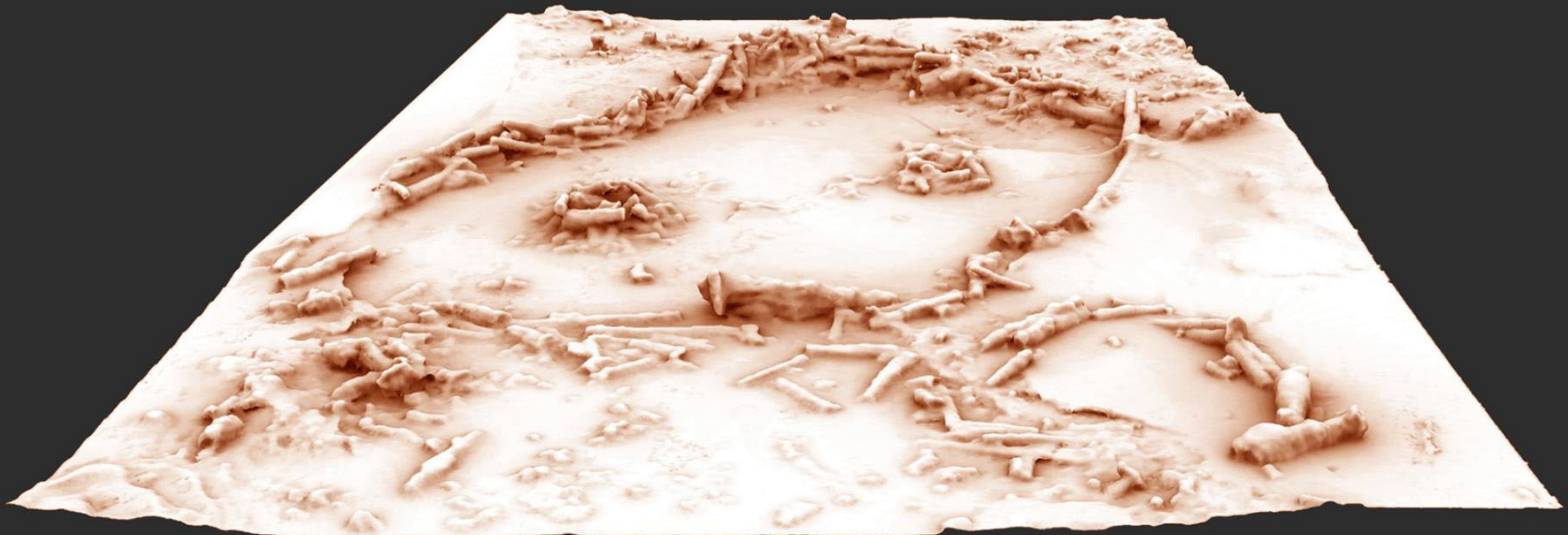




# Bruniquel

## ❖ *Neanderthal Cave Circles*

- 176K years old
- Previously, human artwork dated 40K years old





# The Journey Ahead

## ♦ *What is 'A Year & A Day' about?*

- Teaches the essentials of modern Paganism so you can validate your spiritual yearnings
- Delivers critical knowledge, insight, & inspiration of living in harmony with sacred, local Magic
- Enables you to cooperate, share your values, and earn respect, even from those of different beliefs

## ♦ *Is it for you?*

- There is only one way to be find out



- Follow the path you create... for a year & a day



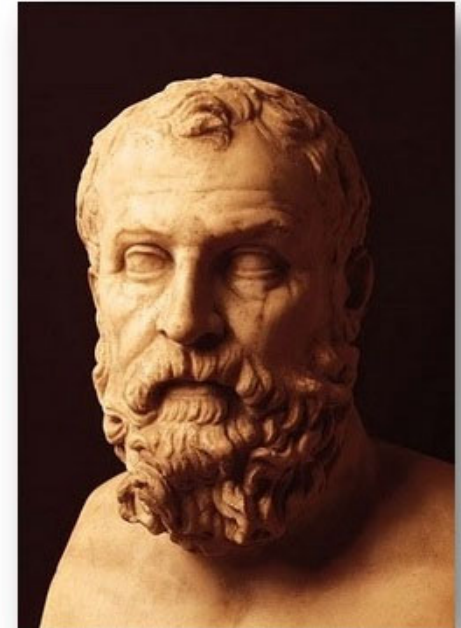
# A Year & A Day

◊ Modern Paganism ◊ Ethics & Morality ◊  
Natural Elements ◊ Correspondences ◊  
Blessings ◊ Origins of the Sacred ◊ Creating  
Sacred Space ◊ Celebrating Seasons ◊  
Meanings of Magic ◊ Esbats ◊ Grounding ◊  
Tools of the Craft ◊ Altars ◊ Circle Etiquette ◊  
Labyrinths ◊ The Process of Ritual ◊ Music &  
Chants ◊ Worship Encounters ◊ Meditation ◊  
Invocations ◊ Spells ◊ Outdoor Circles ◊ Rites  
of Passage ◊ Divination ◊ Self-Dedication ◊



# The Ten Commandments

- I Do good things
- II Honor the gods
- III Do not speak falsely
- IV Have regard for your parents
- V Learn to obey before you command
- VI Make reason your supreme commander
- VII Trust good character more than promises
- VIII Do not associate with people who do bad things
- IX When giving advice, do not recommend what is most pleasing, but what is most useful
- X Do not be hasty in making friends, yet do not abandon them once made



Solon  
630-560BC



# The Wiccan Rede

By the Wiccan Law ye must—  
in perfect love & perfect trust.

Eight words the Wiccan Rede fulfill—  
"an ye harm none, do what ye will".

Ever mind the rule of three—  
what ye send out, comes back to thee.

Follow this with mind & heart—  
merry meet & merry part.

*This is the familiar short form.*



# The Wiccan Rede

Bide within the Law you must, in perfect Love and perfect Trust.  
Live you must and let to live, fairly take and fairly give.  
For tread the Circle thrice about, to keep unwelcome spirits out.  
To bind the spell well every time, let the spell be said in rhyme.  
Light of eye and soft of touch, speak you little, listen much.  
Honor the Old Ones in deed and name, let love and light be our guides again.  
Deosil go by the waxing moon, chanting out the joyful tune.  
Widdershins go when the moon doth wane, and the werewolf howls by the dread wolfsbane.  
When the Lady's moon is new, kiss the hand to Her times two.  
When the moon rides at Her peak, then your heart's desire seek.  
Heed the North winds mighty gale, lock the door and trim the sail.  
When the Wind blows from the East, expect the new and set the feast.  
When the wind comes from the South, love will kiss you on the mouth.  
When the wind whispers from the West, all hearts will find peace and rest.  
Nine woods in the Cauldron go, burn them fast and burn them slow.  
Birch in the fire goes, to represent what the Lady knows.  
Oak in the forest towers with might, in the fire it brings the God's insight.  
Rowan is a tree of power causing life and Magic to flower.  
Willows at the waterside stand, ready to help us to the Summerland.  
Hawthorn is burned to purify, and to draw faerie to your eye.  
Hazel-the tree of wisdom and learning, adds its strength to the bright fire burning.  
White are the flowers of Apple tree, that brings us fruits of fertility.  
Grapes grow upon the vine, giving us both joy and wine.  
Fir does mark the evergreen, to represent immortality seen.  
Elder is the Lady's tree, burn it not or cursed you'll be.

## *The long version*

Four times the Major Sabbats mark, in the light and in the dark.  
As the old year starts to wane, the new begins, it's now Samhain.  
When the time for Imbolc shows, watch for flowers through the snows.  
When the wheel begins to turn, soon the Beltane fires will burn.  
As the wheel turns to Lamas night, power is brought to Magic rite.  
Four times the Minor Sabbats fall, use the Sun to mark them all.  
When the wheel has turned to Yule, light the log the Horned One rules.  
In the spring, when night equals day, time for Ostara to come our way.  
When the Sun has reached it's height, time for Oak and Holly to fight.  
Harvesting comes to one and all, when the Autumn Equinox does fall.  
Heed the flower, bush, and tree, by the Lady blessed you'll be.  
Where the rippling waters go cast a stone, the truth you'll know.  
When you have and hold a need, harken not to others greed.  
With a fool no season spend, or be counted as his friend.  
Merry Meet and Merry Part, bright the cheeks and warm the heart.  
Mind the Three-fold Laws you should, three times bad and three times good.  
When misfortune is enow, wear the star upon your brow.  
Be true in love this you must do, unless your love is false to you.  
These Eight words the Rede fulfill: "An Ye Harm None, Do What Ye Will"



# The Rule of Three

- ♦ Three-Fold Law of Return
  - Anything we do comes back to us in the end
  - Often to a greater degree (hence, **three-fold**)
  - If we do good, good will be returned
  - If we cause harm, we could harm ourselves
- ♦ Ethically equivalent to the Golden Rule:
  - *Do unto others as you would have done to you"*
- ♦ Literal reward/punishment for actions
  - **Especially when working magic**



# Natural Elements

Element	air	fire	water	earth	spirit/ether
Direction	East	South	West	North	Center
Color	yellow	red	blue	green	violet, white or black
Tool	wand	athame	chalice	pentacle	circle, cauldron
Time	mornings	noon	twilight	midnight	all times
Season	spring	summer	autumn	winter	all seasons
Goddess	Maiden	Mother	Crone	Dark	all deities
Symbolizes	mind, intellect, reason, sciences, travel, youth	strength, passion, energy, transformation, will, sex, energy	emotions, intuition, daring, wisdom, clarity, healing	stability, order, grounding, silence, birth, death, beginnings, endings, fertility	immanence and transcendence, everything and nothing
Ritual Representations	incense	incense, candles	water	salt, soil	fulfilled by presence of practitioners and deities



# Your Next Step

Learn Wiccan Rede (short form)

Review the long form version

- Read The Mundane Guide to the Wiccan Rede
- Scholarly, informed analysis by a Christian
- <http://www.gocek.org/pagan/wiccanrede.aspx>

Select your favorite long form rede



# Things to Come

◊ Modern Paganism ◊ Ethics & Morality ◊  
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# Closing

May the benefit of our gathering  
& all our work , through space & time,  
be dedicated unto the complete liberation  
& supreme enlightenment of all beings,  
everywhere.

So mote it be.



# A Classical Pagan Canon

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